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Help Others Overcome Psychological Trauma

Energize your career by sharpening your skills in treating those who suffer from traumatic events. You'll learn cutting-edge techniques and the latest research from leading clinicians and researchers.

Understand and Treat Trauma Effectively

Catastrophic events cause trauma. Auto accidents, violent crime, natural disasters and wars. These are the trying events of our time, and as a mental health professional, it's important to understand how you can alleviate suffering.

Whether you're a counselor, a psychologist, a nurse or social worker, earning a Psychological Trauma Certificate from the University of Washington gives you the depth of understanding and practice that will make a lasting difference in the people you serve... and a difference in your career. Based on cutting-edge techniques and the latest research, this program makes you more employable. You will learn:

- Recognize the impact of trauma
- Assess, diagnose and treat those who experience trauma
- Implement innovative trauma therapy techniques
- Address trauma within cultural contexts
- Address specific groups such as veterans and torture survivors

Learn from Experts in the Trauma Field

The Psychological Trauma Certificate Program is designed for mental health professionals with a master's degree in their field. If you qualify, you'll learn from leading clinicians and researchers who specialize in trauma. You'll have access to new research and theories while learning skills that you can put to use in your clinical practice right away. This certificate program is approved by the University of Washington's School of Social Work. Last but not least, the status of a certificate from a renowned university combined with the recognized expertise of the instructors will give your mental health career a boost.

What students are saying about the University of Washington's Psychological Trauma certificate program:

"The breadth of content, from biology to refugees to community crisis, is exceptional."

"As a result of the course...I have been able to get support from my director for supervision, gain confidence to ask for what I need, and manage my own stress more efficiently."

"Shared resources and presentations by innovators in the field of each subject has been great. I like witnessing actors/role plays for each topic area."

"Dr. Kanter's presentation on neurobiology of trauma was incredible—another brilliant, knowledgeable expert."

Psychological Trauma Courses

The Psychological Trauma Certificate provides the necessary skills to enhance your mental health career. The following courses are required for the Psychological Trauma Certificate:

Foundations for Trauma Assessment and Treatment

Learn the latest trauma theories, the impact of violence and strategies for crisis intervention—including disaster mental health—after trauma occurs. You'll also explore the neurobiology of trauma and common medications used in response to traumatization.

Interventions for Effects of Trauma - I

Explore trauma assessment and treatment for children and adults while learning to manage the clinical process and ethical dilemmas that arise. You'll also work with practice clients and receive feedback from instructors and peers.

Interventions for Effects of Trauma - II

Gain insight into the comprehensive treatment approaches to help torture survivors, veterans and others who suffer complex trauma. You'll also learn about applying trauma treatment in the context of homelessness and/or substance abuse.

About UW Extension

Learning through UW Extension gives working professionals the quality education that will take your career to the next level, whether you long for a promotion or a shift to a completely new field. All UW Extension programs are designed by UW faculty, industry experts and community leaders. To ensure you receive first-rate instruction, every UW Extension program must be approved by the corresponding University of Washington academic department. UW advisory boards are continually reviewing programs and updating the curriculum to meet the evolving demands of specific fields.

The University of Washington is one of the oldest state-supported institutions of higher education on the West Coast, and one of the preeminent research universities in the world. With nationally ranked academic excellence, facilities, and a diverse student and faculty population, the UW is a leading-edge university with global influence.

About UW Certificate Programs

You already work hard at your existing job, and going back to school is a serious commitment. That's why UW certificate programs are designed around you, with flexible schedules and a choice of part-time, full-time or even online study, depending on the program. A UW certificate gives you the knowledge and credibility to open doors for the rest of your professional life, whether you're moving up the career ladder or switching careers altogether.

Learn more about the program

For complete details, visit the Web site:

 WWW.EXTENSION.WASHINGTON.EDU

Attend an information meeting.

Interested in a certificate? You can ask questions and meet instructors and former students at these free meetings. For meeting dates, times and locations, please go to our Web site.

Questions? Ask away

Give us a call:

 206.685.8936 OR 1.800.506.1325

Send us an email:

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